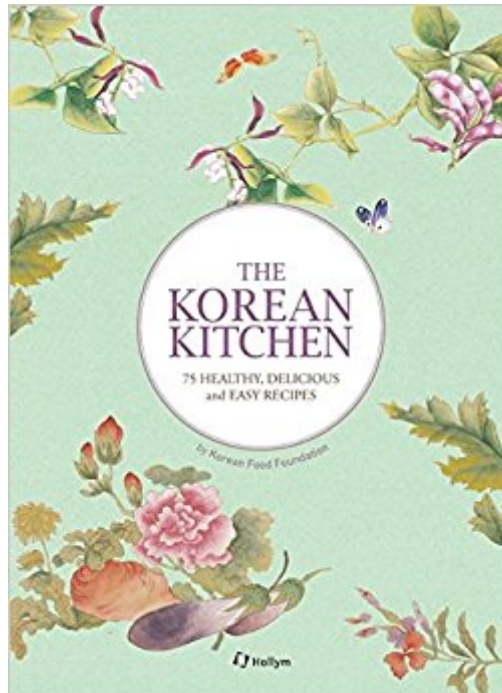




The book was found

The Korean Kitchen: 75 Healthy, Delicious And Easy Recipes



Synopsis

To share Korean food culture with other citizens of the world, the Korean Food Foundation and Hollym Corp., Publishers released *The Korean Kitchen: 75 Healthy, Delicious and Easy Recipes*. This cookbook includes recipes that represent the broad spectrum of Korean food and the staples that comprise Korean cuisine. Tips are also provided on shopping for ingredients when in other countries. This cookbook was published to introduce representative Korean traditional dishes. In addition to 75 Korean food recipes, it also describes basic ingredients of Korean cuisine, techniques to create Korean dishes, and the traditional Korean table setting. Since purchasing ingredients is an important part of preparing Korean food, the book provides practical tips on shopping for ingredients in other countries as well as some alternative ingredients. This book has been published in English and Korean editions. The cookbook contains representative Korean recipes such as rice mixed with vegetables and beef (bibimbap), spicy soft dubu stew (sundubu-jjigae), dumplings (mandu), grilled marinated beef (bulgogi), and braised short ribs in soy sauce (galbi-jjim), etc. Recipes are divided into (1) Rice, Porridge and Noodles, (2) Soups and Stews, (3) Special Dishes, (4) Side Dishes, (5) Kimchi, and (6) Desserts. Multiple color photos are included to illustrate and clearly explain recipes. Readers will be able to cook a broad range of Korean recipes from everyday dishes to fancy feasts to beverages and desserts. Korean cuisine has gained world-wide attention as healthful food because of the higher number of grains and vegetables as compared to Western foods, as well as the scientifically proven benefits of fermented foods. Additionally, Korean kimchi and kimchi culture was listed as a UNESCO world intangible cultural heritage in December, 2013; thus, Korean food culture is not only a Korean resource but also a world-wide cultural asset that should be preserved and passed on. *The Korean Kitchen* is an excellent choice for people interested in Korean home cooking and for Korean-Americans who want to learn how to cook Korean food. This book makes an excellent addition to any global kitchen.

Book Information

Perfect Paperback: 227 pages

Publisher: Hollym International Corporation; 2 edition (December 31, 2014)

Language: English

ISBN-10: 1565914597

ISBN-13: 978-1565914599

Product Dimensions: 1 x 7.2 x 9.8 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,209,151 in Books (See Top 100 in Books) #68 in Books > Cookbooks, Food & Wine > Asian Cooking > Korean #10731 in Books > Cookbooks, Food & Wine > Regional & International

Customer Reviews

Excellent book. Everything is well explained and presented. Lots of pictures and easy to follow layout makes the recipes easy to understand. There are so many recipes, descriptions of ingredients/cookware/table settings/table manners/techniques, that this is my favorite Korean cook book so far. If I had purchased this Korean cook book first, I probably wouldn't have purchased the other ones I own.

Excellent Korean cookbook. Very easy to follow instructions, and health conscious. The illustrations are great. Very recommended

[Download to continue reading...](#)

Easy Korean Cookbook: 50 Unique and Authentic Korean Recipes (Korean Cookbook, Korean Recipes, Korean Food, Korean Cooking, Easy Korean Cookbook, Easy Korean Recipes, Easy Korean Cooking Book 1) Korean: Korean Recipes - The Very Best Korean Cookbook (Korean recipes, Korean cookbook, Korean cook book, Korean recipe, Korean recipe book) I Love My Dad (korean childrens books, korean baby book): korean for kids, korean for children, kids books in korean (Korean English Bilingual Collection) (Korean Edition) I Love to Brush My Teeth (english korean books,korean childrens books): korean bilingual books , korean kids books,bilingual korean books (English Korean Bilingual Collection) (Korean Edition) I Love My Mom (English Korean, korean childrens books): korean kids books,bilingual korean books, children ESL books (English Korean Bilingual Collection) (Korean Edition) I Love My Dad (English Korean Bilingual books, korean kids books): korean childrens books, english korean books for kids (English Korean Bilingual Collection) (Korean Edition) Welcome to Korean Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Korean Recipes (Korean Cookbook, Korean Cuisine, Korean Cooking Pot, Asian Cuisine...) (Unlock Cooking, Cookbook [#8]) Easy Asian Cookbook Box Set: Easy Korean Cookbook, Easy Filipino Cookbook, Easy Thai Cookbook, Easy Indonesian Cookbook, Easy Vietnamese Cookbook (Korean ... Recipes, Asian Recipes, Asian Cookbook 1) I Love to Share (english korean bilingual books): korean kids books, korean childrens books, hangul for kids (English Korean Bilingual Colleciont) (Korean Edition) I Love to Share (korean english bilingual

books, korean baby book, korean kids book): korean for kids (Korean Edition) Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) Dump Dinners: 101 Easy, Delicious, and Healthy Meals Put Together in 30 Minutes or Less! (dump dinners, dump dinner recipes, crockpot recipes, dump ... recipes, healthy recipes, healthy cooking) Instant Pot Pressure Cooker Cookbook: Easy Recipes and the Ultimate Guide to Fast, Delicious, and Healthy Meals: Healthy, Easy And Delicous Meals With ... Crock Pot, Healthy, Quick & Easy, Paleo,) Korean Cookbook - A Collection of Simple and Delicious Korean Recipes: Enjoy Korean Cuisine in the Comforts of Your Home! Korean Food: Top 50 Most Delicious Korean Recipes [A Korean Cookbook] (Recipe Top 50s Book 132) The Korean Kitchen: 75 Healthy, Delicious and Easy Recipes Cathlyn's Korean Kitchen: Easy, Healthy and Delicious Recipes (Volume 1) Easy European Cookbook Box Set: Easy English Cookbook, Easy Greek Cookbook, Easy French Cookbook, Easy Irish Cookbook, Easy German Cookbook, Easy Portuguese ... Portuguese Recipes, Irish Recipes 1) Salad Dressing: 59 Healthy Homemade Salad Dressing Recipes For Vegetarian, Vegan, And Plant Based Diet. No Oil. No Mayo. No Vinegar. (Healthy Recipes. Healthy Cookbooks To Keep In Your Kitchen.) The Ultimate Korean Cookbook - The Korean Cuisine is Here for You!: 50 Most Amazing Korean Food Recipes

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)